



Position: Health educators & fitness instructors

Type: Contract (Part-time)

Experience: 3 years experience preferred

Industry: Fitness, wellness and health consulting

Introduction

Recess is a whole new animal. We have a fresh, innovative, personalized approach to wellness where working out doesn't have to feel like a work out and healthy food doesn't always mean "health food." And where fun is incorporated into everything we do, because if there's a choice why the heck not? Life's too short for diets, gyms and one-size-fits-all programs. It's time for a more exciting and realistic point of view. It's time for Recess!

We bring all of our services directly to our customers: at the worksite and at home. We offer good old fashioned fitness and nutrition education - no supplements, products or useless gimmicks. We eliminate the hassle of having to join a gym or buy fancy equipment. We make staying healthy comfortable, easy and fun for our clients. We are a start-up company seeking to continue rapid expansion and growth throughout the Portland metro region, Seattle and Bay Area. We are seeking positive, sincere, organized and highly motivated contract health experts who are looking for new challenges and venues.

Seeking Skilled Professionals

Recess is seeking health coaches and educators, yoga instructors, registered dietitians, fitness trainers and counselors who are available to teach in Portland, Sacramento, Seattle, San Francisco and surrounding areas. Applicants in other cities are also encouraged to apply.

How to apply

No application will be considered that does not include the following:

1. A résumé
2. Copy of any certification and licenses applying to your field
3. 250 word (or less) bio by way of introduction

Send the above to jobs@recesswellness.com

Type of skills needed

Personal trainers/Exercise physiologists

Preference given to practitioners with all of the following:

1. An associate, bachelors and/or masters degree in a related field or trade.
2. Three plus years of work experience in your field.
3. Evidence of certifications and ongoing education (example include ASCM, ACE, etc.). Please include copies of certificate with application.

Dietitians and nutritionists

Preference given to practitioners with all of the following:

1. A bachelors and/or masters degree in a related field or trade.
2. Three plus years of work experience in your field.
3. Evidence of certifications and ongoing education.

4. Current license in good standing. Please include copies of certificate and
1. licenses with application.

Health education professionals

Such as: nurses, health educators, chefs with a specialty in healthy cooking.

Preference given to practitioners with all of the following:

1. An associate, completed apprenticeship, bachelors and/or masters degree in a
2. related field or trade.
3. Three plus years of work experience in your field.
4. Evidence of certifications and ongoing education.
5. For nurses and health educators: current license in good standing. Please
6. include copies of certificate and licenses with application.

Group fitness instructors

Preference given to practitioners with all of the following:

1. Three plus years of work experience in your field.
2. CPR certification.
3. Evidence of certifications and ongoing education (example include: ASCM, ACE,
Yoga Alliance, etc.). Please include copies with application.